



About NATAL

NATAL: the Israel Trauma and Resiliency Center is an apolitical non-profit organization which provides a unique, multidisciplinary model of psychological support to victims of trauma caused by terror and war. Since its establishment in 1998 by Judith Yovel Recanati and the late Dr. Yossi Hadar, NATAL has touched the lives of over **300,000** men, women and children in Israel who are suffering from trauma through its **Helpline for Adults and for Children, Clinical Unit, Trauma Studies Center, Social Therapeutic Club, Community Outreach Unit, Mobile Unit and Testimonial Center**. NATAL is a recognized expert in the field of war and terror-related trauma, and aims to advance the resiliency of Israeli society through *treatment, prevention, public awareness and research*.

NATAL's vision is to provide a unique multidisciplinary trauma center aiming to treat those directly and indirectly affected by terror and war.

NATAL's Mission:

- To provide multidisciplinary treatment to direct and indirect victims of trauma as a result of the Arab Israeli conflict as well as national crises, in order to rehabilitate and improve their quality of life.
- To operate in the community in order to provide emergency intervention as well as to train the community to cope with and prevent trauma during routine and emergency situations.
- To serve as a training center for professionals in the field of trauma.
- To serve as a trauma research and knowledge center.

NATAL's model uses a holistic approach to the treatment and prevention of trauma, and provides tailor made treatment to every individual seeking help, regularly utilizing a range of services and programs to ensure that the treatment fits each person's needs. NATAL is working to reverse the debilitating and lifelong effects of trauma by providing services to all citizens, aiding the country in its recovery, and ensuring the future health and well-being of Israel. In recognition of NATAL's 20th year anniversary a special ceremony was held at the residence of the Israeli President, Reuven Rivlin, in March 2018.

NATAL's expertise is sought by worldwide agencies including veterans' organizations, academic and research institutions, and mental health professionals. NATAL recently partnered with a US national veteran organization to assist them in developing a helpline using NATAL's as a model. NATAL is a key partner in the establishment of the **TURN Center** in Chicago to help address the issue of psychological trauma within inner city communities as a result of urban violence. Recently NATAL was awarded the **2017 Midot Seal of Effectiveness for Social Activism**. In prior years NATAL has been the recipient of the **2013 Public Advocacy Award** from the International Society for Traumatic Stress Studies and the prestigious **2008 Presidential Award for Volunteerism**, bestowed to Judith Yovel Recanati by then Israel President, **Shimon Peres**. NATAL is a proud member of **Child Helpline International (CHI)**.

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